

Vegetarian North of England

Important updates to 6th (April 2013) and 7th (March 2015) printings at 20 Nov 2016.

CUMBRIA

NEW Sandburne Vegetarian Guest House, Chestnut Hill, Keswick CA12 4LS. Tel: 01768 773546. Opened May 2015, on the edge of Keswick is a piece of history, home of the legendary Donald Watson, a modest Cumbrian woodwork teacher and hill walker who in 1944 invented the word vegan and founded the Vegan Society. Two ensuite twin rooms £40-£55 per person, with views over the town and hills. £15 single supplement. Children welcome, high chair. No pets. Self-catering property next door. You can walk to the 3,000-year-old Castlerigg stone circle, take a boat trip or row a hired boat around the lake, and take the kids drawing at the Keswick pencil museum. Free wifi. Proprietor Anthony is Donald's son-in-law and an ambassador for the local Theatre by the Lake, giving you £3 discounts per seat; June to late October there are potentially 6 plays in rep, and in mid season they are all on in one week. www.sandburne.co.uk

Lakeland Pedlar in Keswick has been sold and closed.

NEW Ambleside Manor vegetarian B&B, Rothay Road, Ambleside LA22 0EJ. Tel: 015394 32062. From the people who brought us Yewfield, Fellinis and Zeffirelli's and close to those restaurants. Opened Dec 2015. 16 rooms. £45-£70 per person. Children welcome. No pets. www.ambleside-manor.co.uk

DERBYSHIRE

NEW Thyme to Eat vegetarian café, 5 The Shambles, Chesterfield S40 1PX. Tel 01246 558 550. Open: Mon-Wed 9.00-16.00, Fri-Sat 9.00-17.00, Sun closed

CLOSED The Orange Peel, Derby.

NEW Pulse vegetarian cafe, 34 Union Road, New Mills SK22 3ES. Tel: 01663 741468. Open: Mon-Wed, 9.00-16.00, Thu 9.00-21.00, Fri 9.00-15.00, Sat 9.00-16.00, Sun 10.00-16.00. Cooked breakfasts, vegan and gluten-free specials, cakes and puddings, Swedish Glace ice-cream. Toy room, baby changing, breast-feeding. Space for musicians and art. www.thepulsecafe.co.uk

COUNTY DURHAM

NEW Jumping Bean, 5 Neville Street, Durham DH1 4EY. Tel: 07719 621 569. Open: Mon-Fri 9.00-17.00, Sat-Sun 10.00-17.00, plus evening events. The veggie-friendly café has gone vegetarian. Almost everything is or can be vegan and they have vegan cheese. Tapas (95p per item) include sundried tomatoes, olives, bread, hummus, salsa. Main items are all £3.95 and include terrific sandwiches and toasties, soups and their speciality Spanish stew. Stew and sandwich £4.95. Three out of four cakes (£3) are vegan. Pot of tea just £1.50. Children welcome; high chair, board games. Outside decking with a view over the cobbled street; dogs welcome there, and inside if it's quiet. Cash only, cashpoint nearby. Comedy night third Tuesdays from 8.30pm till 10.30, £3 entry, food and drink available plus Budweiser vegan beer and vegan rosé wine. www.facebook.com/jumpingbeancafedurham

NEW The Health Warehouse vegetarian café, 15 Post House Wynd, Darlington DL3 7LU. Tel: 01325 468570. Open: Mon-Sat 08.00-16.00, Sun closed, shop open till 5pm.

The health food shop (page 68) also has a bakery and a new vegetarian café and juice bar. Soups (£3.65 with organic wholemeal bread) are mostly vegan. Big range of light meals (£3.95-£4.95) such as samosas, fritatas or burger with salads and sweet potato fries; spelt pasta salad with vegan pesto; ciabatta and gluten-free panini with lentil chips and coleslaw; twice baked potatoes with green leaves and salad, fillings include vegan cheese. Two daily specials (£5.25-£5.95) like chickpea and cashew nut tagine with brown basmati rice. Desserts (£1.35-£1.95) include flapjacks, muffins, cupcakes, carrot cake, vegan chocolate cake and scones with jam.

Pot of Teapigs tea £1.80. Children welcome; half size portions. [facebook.com/thehealthwarehouse](https://www.facebook.com/thehealthwarehouse)
www.thehealthwarehouse.co.uk

MANCHESTER

NEW Teatime Collective vegan cafe, St Wilfred's Centre, Royce Road, Hulme M15 5BJ (between the city centre and Chorlton). Open: Mon-Sat 10.00-17.00, Sun closed. New cafe and vegan ice-cream parlour. www.teatimecollective.co.uk/
www.facebook.com/teatimecollective

NEW World Peace vegetarian café, Vairochana Buddhist Centre, 76 High Lane, Chorlton, Manchester M21 9XF. Tel: 0161 861 7012. Open: Thu-Sun 11.00-16.00, Mon-Wed closed. The lunches for £5 with a pot of tea are extraordinary value. It's mainly organic, Fairtrade or local. Late breakfast (£2.25-£3.50) such as three sausage sandwich. Soup of the day £3.25, with sandwich £5. Hot or cold sandwiches (£5) on rye or ciabatta with garnish and chip. Mains include salads; spinach, lemon and coconut dhal with rice, onion bhajia, spinach and sweet chilli sauce; burger with crisps and garnish. Tray bakes and cakes around £2, usually with a vegan option. They have soya and rice milk. Fruit smoothie of the day £2. Sofas and armchairs. Children's meals; lots of floor space, high chairs. Some outside seating in summer; dogs welcome there. Meditation classes and events. worldpeacecafemanchester.org
www.facebook.com/MeditateinManchester

NEW Sanskruti vegetarian Indian restaurant, 95 Mauldeth Road M14 6SR. Tel: 0161 2244 700.

www.sanskrutirestaurant.co.uk
Facebook Sanskruti Restaurant
[facebook.com/pages/Sanskruiti-Restaurant/695998810429559](https://www.facebook.com/pages/Sanskruiti-Restaurant/695998810429559)

NEW Lotus Vegetarian Kitchen Chinese restaurant. 536 Wilmslow Road, Manchester M20 4BY. Tel: 0161 445 7457. Open: Mon, Wed-Thu 11.45-13.45, 17.00-22.30; Fri 11.45-13.45, 17.00-23.00; Sat-Sun 17.00-23.00; Tue closed. Lots of soya, wheat and other mock meats. www.lotusvegetariankitchen.com

NEW Jaipur Palace vegetarian Indian restaurant at the Lansdowne Hotel, 246 Wilmslow Road, Fallowfield, Manchester M14 6AB. Tel: 0161 257 2525. Open: Mon, Wed-Thu 17.00-23.00; Fri-Sat 17.00-24.00; Tue closed. Food from Gujarat, Punjab, South Indian and Rajasthan. www.jaipurpalacerestaurant.com
www.facebook.com/jaipur346

NEW Cowherds popup vegetarian organic cafe, various venues in Salford. Tel: 07974 800711. Also cooking classes. www.cowherds.org.uk

www.facebook.com/CowherdsCafe
1847 Chorlton has closed.

MERSEYSIDE

NEW Meeting House vegetarian café, 22 School Lane, Liverpool L1 3BT. Tel: 0151-709 6957. Open: Mon-Fri 9.00-15.00, Sat 9.00-17.00, Sun closed. www.meetinghousecafe.co.uk

NEW The Purple Carrot vegan wholefood shop, 286 Smithdown Road L15 5AJ. Tel: 0151-378 8069. Open: Mon-Sat 10.00-18.00. www.facebook.com/purplecarrotliverpool

NORTHUMBERLAND

NEW Loaf Vegan B&B Mount Pleasant Cottage, Berwick-upon-Tweed, Northumberland, TD15 2XQ. Tel: 01289-308751. www.loafbnb.co.uk and Facebook Loaf vegan b&b

NOTTINGHAM

Mm Deli has closed and is now Bluebird vegan café.
New Govinda's vegetarian Indian café, 7-9 Thurland Street, Nottingham NG1 3DR. Tel: 0115 985 9639. Open: Mon-Sat 11.00-18.00, Sun closed. Plenty for vegans including soya lassi. Self-serve lunch buffet £6.95. Daily specials (£4.25) such as savoury Cantonese fried rice. Veggie burger and chips £4. Also snacks like samosas and spring rolls. Desserts (£1.50-£2.50) include apple and blueberry crumble, cupcakes, carob cake, cheesecake. www.facebook.com/GovindasNotts
www.harekrishnayoga.com/2013/04/govindas-vegetarian-cafe-nottingham.html

NEW Bluebird vegan cafe, in the building previously occupied by mm..Deli, 610 Mansfield Road, Sherwood, Nottingham NG5 2FS. Tel: 07542 230976. Open: Wed 17.00-23.00; Thu 11.00-15.00, 17.00-23.00; Fri-Sat 12.00-15.00, 17.00-23.00; Sun-Mon closed.

www.bluebird-cafe.co.uk, Facebook BluebirdCafeNG5

TYNE & WEAR

Jack Sprat's has closed.

NEW Painted Elephant vegan restaurant, 61 Upper Princess Square, Newcastle NE1 8ER. Tel: 07527 150970. Open: Tue-Wed 17.30-22.00; Thu-Sat 12.00-16.00, 17.30-22.00; Sun-Mon closed. Check website as sometimes closed for group bookings. Evening a la carte menu. www.painted-elephant.com
facebook.com/paintedelephantne

NEW The Good Apple vegetarian cafe, Sunderland at 18 Derwent Street SR1 3NU. Tel: 0191-564 1763. Open: Mon-10.00-15.00, Tue-Wed 10.00-16.00, Thu-Fri 10.00-18.00, Sat 10.00-16.00. Cooked breakfasts, wraps, toasted filled bagels and ciabattas, toasties, soup, salad. Specials such as falafel, burgers, noodles, curries. Cakes and traybakes are all vegan. Gluten-free options. Coffee, pots of tea. Monthly evening supper club, £15 for 3 courses, booking required.
goodapplecafe.co.uk & facebook.com/TheGoodAppleCafe

YORK

Briar Lea B&B has closed.

Monk Bar Chocolatiers, the Goodramgate branch has closed.

WEST YORKSHIRE

NEW Heatherlea vegetarian guest house, 105 Littlemoor Rd, Pudsey LS28 8AP. Tel: 0113 257 4397. Midway between Leeds and Bradford. One single, one twin. From 1 night to 6 months.

www.yell.com/biz/heatherlea-guest-house-pudsey-3080175/

Prashad vegetarian Indian restaurant in Bradford has moved to 137 Whitehall Road, **Drighlington** BD11 1AT (south-east of Bradford, south-west of Leeds) Tel: 0113-285 2037. Open: Tue 17.00-22.30, Wed-Thu 17.00-23.30, Fri-Sat 12.00-24.00, Sun 12.00-21.00, Mon closed. www.prashad.co.uk
Facebook Prashad

Love Organic in Leeds has closed.

Dandelion & Burdock in Sowerby Bridge has closed.

NEW Kava Kafe vegetarian café, reopening spring 2015 at new premises 31 Rochdale Road, **Todmorden** OL14 7LA (opposite the library and Hall St). Tel: 01706 818730. Open: Tue-Sat 9.00-16.00, Sun 9.30-16.00, Mon closed. Planning to open evenings.

www.kavakafe.co.uk facebook.com/kavakafebar

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