

New publication



Vegan London

"For people living in or visiting the capital, this book is more important than the A-Z."

- The Vegetarian Society on Vegetarian London

Key Sales Points

by London resident and well-known vegan activist Alex Bourke

The comprehensive London vegan guide

260 vegan restaurants, cafes and stalls plus 200 vegetarian and 400 omnivorous places with vegan menus

In depth reviews

With opening times, prices and sample dishes

Healthy shopping

Wholefood stores, supermarkets and markets

Easy-to-use layout

Central, East, North, South and West London then alphabetically by area with colour-coded maps (vegan, veggie, etc)

About the author

Alex Bourke, author of six editions of *Vegetarian London*, four editions of *Vegetarian Britain*, and restaurant columnist for *Vegetarian Living* magazine for seven years, is a former Chair of The Vegan Society and has appeared on national and local radio and tv. He lives in London.

800 colour pages for £14.95

Over 80,000 Veggie Guides sold !

Retailer Information:

ISBN: 978-1-902259-20-8
Category: Travel
Title: **Vegan London Complete**
Author: **Alex Bourke**
Language: English
Price: **£14.95**
Publishing date : **January 2020**
Extent: **800 pages, paperback**
Format: 168mm x 121mm, 6.61" x 4.77"
Published by: Vegetarian Guides Ltd, London
Illustrations: Maps, colour photographs



The most detailed vegan guide, by miles

Vegan London by Serena Lee

White Lion. Only 80 entries, no opening times or prices. (It is pretty though.)

An Opionated Guide to Vegan London

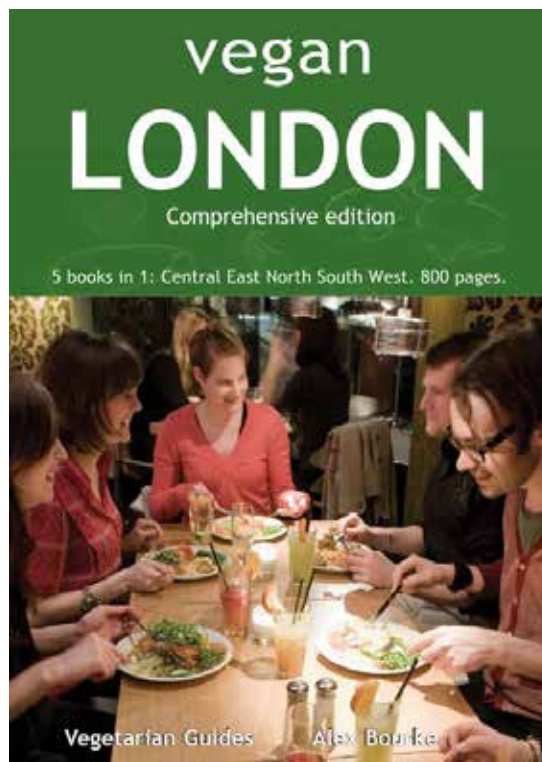
Hoxton Mini Press. Just 53 entries, no opening times or prices. (*Nuff said.)

Veggie & Vegan London, Edward Prendergast

Metro. We have to admit, this one is pretty good, especially for vegetarians. Half the size, half as many entries. Vegetarian not vegan. No online updates.

Vegan London Complete by Alex Bourke

Over 1,000 entries with opening times & prices. **Free updates on our website.**



Publisher:

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View contents, look inside, grab a cover image and text for your website, at www.VeganLondon.guide

Book trade order from stock at:
GARDNERS

Restaurants reopened for indoor dining May 17th, so why not get in a couple of copies.

Thousands of happy readers. Previous editions:

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4. 9781902259031 Vegetarian London (2002) 12,000 copies
5. 9781902259055 Vegetarian London 2005 5,000 copies
6. 9781902259086 Vegetarian London 2008 5,000 copies

Latest title, Jan 2021

The Vegan Guide - everything you need to embrace the world's fastest growing way of life by Alex Bourke & Ronny Worsey, and guest experts 978-1-902259-22-2, £5.00, 160pp, colour photos

Recipes, nutrition, dealing with family, raising vegan kids. The complete handbook. Authors include chefs, a nutritionist and a GP.

Full details at www.TheVeganGuide.info

