



VEGAN LONDON

complete

The complete insider guide to the best vegan food in London

Alex Bourke
Vegetarian Guides Ltd



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In the same series:
VEGAN CENTRAL LONDON
VEGAN EAST LONDON
VEGAN NORTH LONDON
VEGAN SOUTH LONDON
VEGAN WEST LONDON

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ABOUT THE EDITOR

Alex Bourke is the world's leading vegan travel publisher, having produced 21 UK and European Vegan Guides. He has previously worked at one of Britain's highest profile vegan outreach organisations Viva!, is a former Chair and media spokesperson for the Vegan Society, and from 2010 until 2018 was the monthly travel columnist at the UK's biggest selling vegetarian lifestyle magazine *Vegetarian Living*.

Alex makes it easy and fun to be vegan anywhere, publishing comprehensive vegan guides with local experts across Britain and beyond. He wrote and co-produced the documentary *Animal Rights*, which is used in Citizenship classes in schools across Britain. He has led vegan and publishing workshops at vegan festivals on four continents. He has been interviewed by *The Guardian* and *The Times*, and appeared on many tv, national and local radio programmes, including *The Big Breakfast* with Johnny Vaughan, *Late Night London* with Victoria Derbyshire, *The Food Programme*, *Farming Today*, *Excess Baggage*, and French tv channels ARTE, EBN and TF1.

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Cheap Days Out

Getting Around With Oyster

CENTRAL LONDON

Soho

Bloomsbury

Covent Garden

Euston

Fitzrovia

Marylebone

Mayfair

South Bank

The City

EAST LONDON

Shoreditch & Hoxton
Brick Lane & Spitalfields
Bethnal Green
Canary Wharf
Dalston & Haggerston
Green Street & High Street North
Hackney
Homerton
Ilford
London Fields
Lower Clapton
Stratford
Walthamstow & beyond

NORTH LONDON

Brecknock Road
Camden
Crouch End
Edgware
Finchley
Finsbury Park & Stround Green
Golders Green
Hampstead
Hendon & Brent Cross
Highgate

Holloway Road
Islington
Kentish Town
Kings Cross
Mill Hill Broadway
Muswell Hill
Stoke Newington & Newington Green
West Hampstead
Wood Green & Turnpike Lane
Rest of North London

SOUTH LONDON

Brixton
Clapham & Battersea
Croydon & Thornton Heath
Deptford & New Cross
Dulwich
Elephant & Castle
Greenwich
Kingston-upon-Thames
Peckham
Putney & Wandsworth
Richmond-on-Thames
Streatham
Tooting & Balham
Vauxhall

Wimbledon
Rest of South London

WEST LONDON






Sloane Zone (Victoria to Fulham)
Bayswater & Notting Hill
Chiswick
Ealing
Hammersmith, Olympia, West Kensington
Harrow & Kenton
Heathrow
Hounslow
Kenton
Kilburn & Willesden
Kingsbury
Pinner
Queens Park
Queensbury
Rayners Lane
Southall
Twickenham & Teddington
Wembley
Rest of Middlesex

THE KNOWLEDGE






Accommodation
Alcoholic Drinks
Eating Out With Your Dog
Festivals
Going Vegan
Health Practitioners
Local Groups
Pet Food
Shoes and Clothing
P.S. Vegan London Loves...

KEYS

Each entry is colour coded on the maps.

-  Vegan
-  Vegetarian
-  Omnivorous
-  Shop
-  Other (accommodation, group)

Symbols for restaurant and shop details:

-  Address
-  Telephone number
-  Opening hours M Tu W Th F Sa Su
BH bank holiday
-  Closest underground, station or bus
-  Website or social media page

Wine: small glass 125ml, medium 175ml,
large 250ml, carafe 500ml, bottle 750ml



NORTH

EAST

WEST

CENTRE

SOUTH