

# **AMICO BIO**

## **MENU`**

### **Antipasti**

#### **Olive nere infornate**

Warm marinated black olives £ 2.00 (Veg)

#### **Arancini di riso mozzarella e verza**

Rice croquettes filled with mozzarella cheese and savoy cabbage £ 2.50

#### **Tagliere con focaccia, grana padano, olive di Gaeta e olio extra vergine organico**

Homemade focaccia bread, Gaeta olives and organic extra vergine olive oil £ 3.00

#### **Mozzarella di bufala Bio con pomodori e basilico**

Buffalo mozzarella with tomato and basil £ 5.50

#### **Asparagi alla griglia ,rucola e grana**

Chargrilled asparagus ,rockets and Grana Padano salad £ 4.50

#### **Funghi alla griglia aglio e limone**

Chargrilled oyster mushrooms,garlic and lemon dressing £ 4.50 (Veg)

### **Pasta,Risotti,Zuppe**

#### **Ravioli di scamorza al pomodoro e basilico**

Ravioli filled with scamorza cheese tomato and basil sauce £ 6.50

#### **Minestra di cavolfiori e coste**

Cauliflowers and swiss chard soup £ 4.00 (Veg)

#### **Passato di cicerchia e patate**

Grass peas and potato cream £ 5.50 (Veg)

#### **Risotto integrale del giorno**

Wholemeal risotto of the day £ 5.50

#### **Mafaldine cime di broccoli e pecorino**

Mafaldine pasta with turnip tops and pecorino cheese £ 5.50

### **Piatto Unico**

A selection of soup, rice, potatoes and vegetables served with warm focaccia and dips £ 14.50

Veg=Suitable for vegan

### **Secondi**

#### **Piadina integrale di seitan**

Seitan and vegetables kebab with rocket pesto dip £ 7.50 (Veg)

#### **Filetto di seitan con cavolo rapa arrosto e carote**

Roasted fillet of seitan with carrots and kohlrabi £ 8.00 (Veg)

***Cuoppolo di verdure fritte***

Tempura of seasonal vegetables served with sweet and sour sauce £ 7.50 (Veg)

***Seitan alla Veneziana***

Seitan with onion and sage £ 8.00 (Veg)

***Frittata di carciofi***

Italian open omelette with artichoke served with mix salad £ 6.50

***Mondeghini***

Cabbage filled with seitan ragout, served in a tomato sauce £ 8.00

***Mix salad, green salad, rocket salad and grana padano, fresh cut fries, roast potatoes garlic and rosemary, fennel gratinated with cheese, roast kohlrabi rapa, zucchini fritte, broccoli, sauteed spinach. £ 2.50***

***DOLCI***

***Pastiera di grano, composta di pere e kiwi***

Wheat tart, compote of kiwi and pear  
£ 5.00

***Babà alle amarene***

Rum babà with amarene cherries £5.00

***Fragole Bio all'aceto balsamico***

Organic fresh strawberries balsamic dressing £ 5.00 (Veg)

***Tagliere di formaggi Italiani***

Board of Italian cheese served with raisin and walnut bread, honey and chutney £ 5.00

***Caffe e Infusioni***

***Espresso, Americano, Macchiato, £ 1.50***

***Cappuccino, Caffe Latte, Doppio Espresso £ 2.00***

***Breakfast tea, Mint tea, Earl Grey tea, £ 3.50***

***Service charge is at your discretion***

***VAT is included***