

Veggie Guides International Vegetarian and Vegan Festivals Calendar 2010

There are vegetarian and vegan festivals in many countries. Now you can visit a new town or country, enjoy every meal, make new friends, and have a fantastic time! (*last updated 7 September 2010*)

26th Toronto Vegetarian Food Fair, Canada, 10-12 September 2010

Friday–Sunday, at Harbourfront Centre, 235 Queens Quay West, Toronto ON, M5J 2G8. The themes of the fair include health and wellness, vegetarian cuisine, the environment, animal welfare, and community-building activism. The largest event of its kind in North America, attracting 10,000 visitors. Over 100 stands. Speakers and workshops. Cooking demonstrations. Entertainment. Free admission. <http://veg.ca/content/view/52/83/>

7th VegFestival 2010, Torino (Turin), Italy, 10 - 12 September 2010

Friday to Sunday, in Italian, but there will be English people there. www.vegfestival.org

3rd Brazilian Vegetarian Congress, Porto Alegre, Brazil 16-19 September 2010

Thursday to Sunday, in Portuguese, but there will be English-speaking people there. www.svb.org.br/3cvb (Portuguese)

Viva! Incredible Veggie Roadshow, Brighton, England, 18 September 2010

Saturday 10.30am-4pm, Brighton Dome (foyer and bar area), 12a Pavilion Buildings, Brighton BN1 1EE. Free entry. Food tasting, one-to-one nutritional advice, free recipes and factsheets, cookery demos including Heather Mills, talks. Browse and buy chocolate, cosmetics, bags, books, convenience foods, clothing, wallets, wallcharts, toys, T-shirts and more. Find out how to get active. Relax with a cup of tea and a snack. Volunteer helpers needed. www.viva.org.uk/brighton

7th annual Festival of Life 2010 (raw food), London, England, 25 September 2010

Saturday 10.30-midnight at Conway Hall, Red Lion Square, Holborn, central London WC1R 4RL. The September London Vegan Festival is having a year off, but the vegan Festival of Life continues and this year as well as raw food, it is expanding into the little park outside with cooked food stalls. Eco-living, arts and crafts, juice bars, kids space, raw food demos, nutrition, permaculture, activism, trance dance, meditation, yoga, healing, singing, live music, DJs, drumming, conscious partying. Tickets £12, refund £5 if you leave before 7pm. £10 from 4pm. Concessions £2 discount. Accompanied under-16's free. 50 free talks and workshops. 60 stalls. Parallel free event in Red Lion Square. www.festivaloflife.net

39th World Vegetarian Congress, Jakarta and Bali, Indonesia, 1-9 October 2010

In Jakarta 1-6 October, with optional excursion to Bali 7-9 October. Scientists, politicians, nutritionists, activists and vegetarians from all over the world gather for what looks like one of the best vegetarian congresses ever. Speakers may include Dr Rajendra Pachauri, Chair of the United Nations inter-governmental panel on climate change; NASA scientist Prof Art-Ong Jumsai; Prof Duo Li, editor of Asia Pacific Journal of Clinical Nutrition; Maneka Gandhi, former Indian Minister for Environment and Vegan Society Patron. www.ivu.org/congress/2010 and www.wvc2010.org

11th Annual World Veg Festival Weekend, San Francisco, USA, 2-3 October 2010

Saturday and Sunday, 10am to 6pm, San Francisco County Fair Building in Golden Gate Park, entrance at Lincoln and 9th Avenue, next to the arboretum. Speakers include John Robbins, Jeffrey Masson, Dr Michael Greger, Dr Michael Klaper, Dr Anteneh Roba, Dr Carl Myers, Dr Joel Fuhrman. International vegan cuisine to sample or buy, vegan fashion show, healthy food demos with recipes and samples, children's corner, vegan dinner at 6.45pm Saturday, live entertainment. Suggested donation \$7. www.sfvs.org/wvd

West Midlands Vegan Festival, Wolverhpton, England, 30 October 2010

Saturday 11am-5pm, Wolverhampton Civic Hall in the city centre, 10 minutes walk from the train/bus stations. Admission £1. Wolverhampton is near the new Birmingham home of the Vegan Society in the middle of England. In a bigger hall this year, there will be 80+ stalls offering food, clothing, toiletries, cosmetics, campaign info etc, and also speakers, films, a cookery demo, live music, a vegan bar, children's activities, raffles, competitions, free food samples and lots more. Further details will appear on the website. www.midlandsveganfestival.org.uk

South-West Asia Vegetarian Congress, Bangalore, India, 30 Oct - 2 Nov 2010

Saturday to Tuesday. Organised by Indian Vegan Society. Two days of international speakers, workshops, socializing, networking, food, music, then two days of excursion. www.vegansociety.in

Animal Aid's Northern Compassionate Christmas Fayre, Sheffield, Yorkshire, England, 6 November 2010

Saturday 11am-4pm at Victoria Hall Methodist Church, Norfolk Street, Sheffield, S1 2JB. Free entry, voluntary donations welcome. Ethical traders, speakers, vegan food and information. **Vegetarian Guides writers Alex Bourke and Ronny Worsey (also a top vegan chef) will have a stall here** with the latest Vegetarian Guides including the new North of England and Scotland guides, Ronny's classic Scoffer recipe books and some of her vegan cakes for you to scoff, a presentation about eating out in Sheffield and beyond, and Alex and Ronny can answer any questions about travel worldwide and how to veganize any recipe. www.animalaid.org.uk

2nd Paris Vegan Day Festival, France, 28 November 2010

Saturday 10am-6pm at [la Bellevilloise](#) Culinary demos by vegan chefs and cookbook authors, stands, vegan fashion show, cosmetics and make-overs, food and drink, vegan wine and cheese tastings, conferences on ethical, ecological and health aspects of veganism. Pre-festival activities including a Gentle vegan Thanksgiving on a boat on the Seine, a mini vegan film festival and other get www.parisveganday.fr/em See also the giant Paris section in [Vegetarian Europe Guide](#)

Animal Aid's Christmas Fayre, London, England, 5 December 2010

Sunday, 10am-5pm, Kensington Town Hall, Hornton Street, London W8. (opposite High Street Kensington tube station)
Campaign groups, ethical traders, vegan food. 70+ stalls selling Fair Trade crafts and jewellery, cruelty-free cosmetics, recycled goods, environmentally friendly clothing, non-leather boots and shoes, seasonal cards and gifts. Celebrity auction, talks, videos, fun events for all the family. www.animalaid.org.uk/xmas/fayre.htm

Tell us about your events

If you know of other national or international events where all the food will be vegan, please contact us:
updates@vegetarianguides.co.uk

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